

## **SES HEALTH POLICY**

It is important that we work together to keep our students and staff healthy. Viruses and germs spread easily among children in schools and in families with school-age children. Here are a few tips to remember to keep everyone as healthy as possible:

- Encourage your child to cover her/his nose and mouth with a tissue when sneezing or coughing.
- Encourage frequent hand washing with warm water.
- Encourage your child to keep hands away from the mouth, nose, and eyes.
- Although the flu shot is the best way to prevent the flu (during flu season), there are several antiviral medications available by prescription that will help prevent the flu. Consult with your doctor.

Below you will find St. Elizabeth School's policy regarding a student's attendance at school when symptoms are present or have occurred within recent days:

**A student will be sent home from school if she or he has:**

- a temperature of 100 degrees or higher
- vomiting or diarrhea
- a suspected contagious illness
- a serious injury or appears obviously ill

**If the Nurse requires a student to see a healthcare provider, the student must be seen in a healthcare provider's office. Documentation of the visit, including a return to school date, must be provided to the Nurse in order to return to school.**

**Students who have had the following symptoms present within 24 hours of coming to school should remain home until they are symptom free for a full 24 hours:**

- Students with a temperature above 100 degrees.
- Students who have vomited or had diarrhea

**In the event a student is absent from school for three consecutive days for injury or illness, a doctor's *Return to school slip* may be requested by the school.**

**Parent/guardian must call the school each day that a student is absent for illness or other reasons (please refer to Student Handbook).**

Our goal at St. Elizabeth School is to keep our school environment as healthy as possible for all students and staff and your understanding of and adherence to these guidelines will assist us to that end.

Thank you for helping to promote wellness! If you have any questions about this policy or any other health related concerns please contact the School Nurse.

School Nursing Staff  
410-889-5054 ext. 1171 or 1178