



## The Eagle Café

### May 2018 Student Menu



Reduced: \$0.30 Breakfast

\$0.40 Lunch

Paid: \$2.25 Breakfast

\$3.00 Lunch

ST. ELIZABETH SCHOOL

Monday			Tuesday			Wednesday			Thursday			Friday		
4/30 Breakfast	K-12 458Cals.		5/1 Breakfast	K-12 429Cals.		5/2 Breakfast	K-12 505 Cals.		5/3 Breakfast	K-12 406Cals.		5/4 Breakfast	K-12 458Cals.	
Assorted Cereal	8oz		Wheat Bagel	1/2Bagel		W.G. French Toast	2 Toast		English Muffin	1 Muffin		Assorted Cereal	8oz	
Yogurt Cup	1ea		Cream Cheese	1ea		Syrup	1ea		Apple Butter	1pc		Assorted Yogurt	4oz	
Fresh Fruit	1ea		Fruit Salad	4oz		Hot Peaches	4oz		Fresh Fruit	1ea		Fresh Fruit	1ea	
Assorted Juice	4oz		Assorted Juices	4oz		Assorted Juices	4oz		Assorted Juice	4oz		Assorted Juice	4oz	
Assorted Milk	8oz		Assorted Milk	8oz		Assorted Milk	8oz		Assorted Milk	8oz		Assorted Milk	8oz	
Lunch	K-8 859C	9-12 969C	Lunch	K-8 558C	9-12 726C	Lunch	K-8 509C	9-12 559C	Lunch	K-8 475C	9-12 815C	Lunch	K-8 641C	9-12 743C
Turkey Meatball Sub On Wheat Roll	1ea	1ea	Turkey Salad on W.Muff. w/ L&T	1ea	1ea	Beef Stir-Fry	12oz	12oz	Italian Pasta Salad w/ Chicken	Salad	Salad	Bean Burrito	1ea	1ea
French Fries	6oz	8oz	Three Bean Salad	6oz	8oz	Soba Noodles	8oz	8oz	W. Roll w/ Butter		1ea	Tex-Mex Corn	6oz	8oz
Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	Fruit Salad	4oz	4oz	Fresh Fruit	1ea	1ea
Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Fresh Fruit	1ea	1ea	Assorted Juice	4oz	4oz
Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz	Assorted Juice	4oz	4oz	Assorted Milk	8oz	8oz
									Assorted Milk	8oz	8oz			

5/7 Breakfast	K-12 508Cals.		5/8 Breakfast	K-12 434Cals.		5/9 Breakfast	K-12 420Cals.		5/10 Breakfast	K-12 453Cals.		5/11 Breakfast	K-12 458Cals.	
Assorted Cereal	8oz		Wheat English Muffin	1 Muffin		Breakfast Pizza	½ Bagel		Egg/Cheese Muffin	1 Sandwich		Assorted Cereal	8oz	
Yogurt Cup	1ea		Jelly Packet	1ea		Fresh Fruit	1 ea		Fresh Fruit	1ea		Assorted Yogurt	4oz	
Fresh Fruit	1ea		Fruit Salad	4oz		Assorted Juice	4oz		Assorted Juice	4oz		Fresh Fruit	1ea	
Assorted Juice	4oz		Assorted Juice	4oz		Assorted Milk	8oz		Assorted Milk	8oz		Assorted Juice	4oz	
Assorted Milk	8oz		Assorted Milk	8oz								Assorted Milk	8oz	
Lunch	K-8 682C	9-12 745C	Lunch	K-8 619C	9-12 955C	Lunch	K-8 756C	9-12 974C	Lunch	K-8 673C	9-12 776C	Lunch	K-8 471C	9-12 567C
Chicken Nuggets	6ea	6ea	Tuna Salad on	1ea	1ea	Wheat Pancakes	2ea	3ea	Roast Beef/Cheese	1ea	1ea	Spaghetti and	8oz	12oz
Ketchup	1ea	1ea	Wheat w/ L&T			Syrup	1pc	1pc	on W.Muff.w/ L&T			Meatballs		
Wheat S/T Roll	1ea	1ea	Cucumber Salad	6oz	8oz	Scrambled Eggs	2oz	2oz	Three Bean Salad	6oz	8oz	Broccoli	6oz	8oz
Steamed Carrots	6oz	8oz	Fresh Fruit	1ea	1ea	Tater Tots	15tot	20tot	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea
Fresh Fruit	1ea	1ea	Assorted Juice	4oz	4oz	Fresh Fruit	1ea	1ea	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz
Assorted Juice	4oz	4oz	Assorted Milk	8oz	8oz	Assorted Juice	4oz	4oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz
Assorted Milk	8oz	8oz				Assorted Milk	8oz	8oz						

**Reimbursable Breakfast: Must take 3 Items, 1 Item Must be a Fruit**

**Reimbursable Lunch: Must Take 3 Items, 1 Item Must be a Fruit or a Vegetable**

The following items are also available as ala-cart

#### BREAKFASTS

- Assorted Whole Grain Cold Cereal

#### LUNCHES

- Peanut Butter and Jelly Sandwich
- Grilled Cheese

#### ALL MEALS

- Assorted Fat Free Milk and 100% Fruit Juices
- Assorted Fresh Fruits



SES is an equal opportunity provider.



## The Eagle Café

### May 2018 Student Menu



Reduced: \$0.30 Breakfast

\$0.40 Lunch

Paid: \$3.00 Breakfast

\$2.85 Lunch

**ST. ELIZABETH SCHOOL**

Monday			Tuesday			Wednesday			Thursday			Friday		
5/14 Breakfast	K-12 458Cals.		5/15 Breakfast	K-12 429Cals.		5/16 Breakfast	K-12 505 Cals.		5/17 Breakfast	K-12 406Cals.		5/18 Breakfast	K-12 458Cals.	
Assorted Cereal	8oz		Wheat Bagel	1/2Bagel		W.G. French Toast	2 Toast		English Muffin	1 Muffin		Assorted Cereal	8oz	
Yogurt Cup	1ea		Cream Cheese	1ea		Syrup	1ea		Apple Butter	1pc		Assorted Yogurt	4oz	
Fresh Fruit	1ea		Fruit Salad	4oz		Hot Peaches	4oz		Fresh Fruit	1ea		Fresh Fruit	1ea	
Assorted Juice	4oz		Assorted Juices	4oz		Assorted Juices	4oz		Assorted Juice	4oz		Assorted Juice	4oz	
Assorted Milk	8oz		Assorted Milk	8oz		Assorted Milk	8oz		Assorted Milk	8oz		Assorted Milk	8oz	
Lunch	K-8 646C	9-12 909C	Lunch	K-8 644C	9-12 790C	Lunch	K-8 634C	9-12 576C	Lunch	K-8 576C	9-12 576C	Lunch	K-8 552C	9-12 858C
Baked Fish of the Day	2oz	2oz	Entree Garden Salad	Salad	Salad	Grill Chicken on	1ea	1ea	Tuna Salad on	1ea	1ea	Cheese Pizza Bagel	½ea	½ea
Wheat Sun Chips	1bag	2bag	Turkey Strip	1oz	2oz	Wheat Roll W/L&T			Wheat W/L&T			Tater Tots	15tot	20tot
Taco Slaw	2oz	3oz	Ranch	2tbsp	2bsp	Steamed Carrots	6oz	8oz	Green Bean Salad	8oz	8oz	Fresh Fruit	1ea	1ea
Fruit Salsa	2oz	3oz	Wheat S/T Roll	1ea	2ea	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	Assorted Juice	4oz	4oz
Marinated Black Bean	6oz	8oz	Butter Packet	1ea	2ea	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Milk	8oz	8oz
Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz			
Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz									
Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz									

5/21 Breakfast	K-12 508Cals.		5/22 Breakfast	K-12 434Cals.		5/23 Breakfast	K-12 420Cals.		5/24 Breakfast	K-12 453Cals.		5/25 Breakfast	K-12 458Cals.	
Assorted Cereal	8oz		Wheat English Muffin	1 Muffin		Breakfast Pizza	½ Bagel		Egg/Cheese Muffin	1 Sandwich		Assorted Cereal	8oz	
Yogurt Cup	1ea		Jelly Packet	1ea		Fresh Fruit	1 ea		Fresh Fruit	1ea		Assorted Yogurt	4oz	
Fresh Fruit	1ea		Fruit Salad	4oz		Assorted Juice	4oz		Assorted Juice	4oz		Fresh Fruit	1ea	
Assorted Juice	4oz		Assorted Juice	4oz		Assorted Milk	8oz		Assorted Milk	8oz		Assorted Juice	4oz	
Assorted Milk	8oz		Assorted Milk	8oz								Assorted Milk	8oz	
Lunch	K-8 859C	9-12 969C	Lunch	K-8 558C	9-12 726C	Lunch	K-8 509C	9-12 559C	Lunch	K-8 475C	9-12 815C	Lunch	K-8 641C	9-12 743C
Turkey Meatball Sub	1ea	1ea	Turkey Salad on	1ea	1ea	Beef Stir-Fry	12oz	12oz	Italian Pasta Salad	Salad	Salad	Bean Burrito	1ea	1ea
On Wheat Roll			W.Muff. w/ L&T			Soba Noodles	8oz	8oz	w/ Chicken			Tex-Mex Corn	6oz	8oz
French Fries	6oz	8oz	Three Bean Salad	6oz	8oz	Fresh Fruit	1ea	1ea	W. Roll w/ Butter		1ea	Fresh Fruit	1ea	1ea
Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	Assorted Juice	4oz	4oz	Fruit Salad	4oz	4oz	Assorted Juice	4oz	4oz
Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Milk	8oz	8oz	Fresh Fruit	1ea	1ea	Assorted Milk	8oz	8oz
Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz				Assorted Juice	4oz	4oz			
									Assorted Milk	8oz	8oz			

**Note: 5/28 to 5/31 will be on the June 2018 Menu**

**Reimbursable Breakfast: Must take 3 Items, 1 Item Must be a Fruit**

**Reimbursable Lunch: Must Take 3 Items, 1 Item Must be a Fruit or a Vegetable**

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#### BREAKFASTS

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